

India's Leading Sports Injury Joint Arthroscopy & Spinal Endoscopy Hospital



It gives me immense pleasure welcoming you to Trinity Hospital. We continue our unwavering pursuit of dedication to deliver world class patient care by creating an institution committed to the highest standards of medical & service excellence. We have set ourselves the mission of creating unparalleled standards of medical & service outcomes. Our aim is to be a care provider of first choice and be committed to follow ethical practices.

Dr. Mohinder Kaushal

MBBS, DNB (Orthopaedics), MNAMS, FMISS (France)

Chairman

Trinity Hospital and Medical Research Institute is located in Zirakpur, a suburb of Chandigarh, is a centre of excellence for Orthopaedics, Arthroscopy of Joints, Sports Injuries, Endoscopic Spine Surgery, Joint Replacement Surgery, Women and Child Health Care with multispecialty support. The facility has four fully equipped Operation Theaters including Modular Operation Theatre and separate Septic Operation Theatre for infected cases and Neonatal Intensive Care Unit providing multi super specialty services. Trinity Hospital brings together a state-of-the-art infrastructure and cutting-edge technology with a well-integrated and comprehensive information system. A one-of-its-kind facility, it integrates modern and traditional forms of medicine to provide accessible and affordable healthcare.

Vision

Trinity Hospital is committed to deliver Patient Centered, High - Value World Class Quality Healthcare.

Mission

We envision to create a world class health care institute of excellence:

Through state-of-the-art patient-centered health care.

Supporting evidence-based medicine

Facilitating interdisciplinary and team-based practice.

Creating an ethical and safe environment to heal all with respect and dignity.

International Patient Services

Trinity Hospital and Medical Research Institute is fully equipped to facilitate international patients. We offer high end standards in cutting- edge technology led by a dedicated team of doctors from all over the world. A completely sanitized environment and personalized care is ensured.

Our International Patient Services include coordinating the scheduling of appointments, medical care and advice, and ensuring your comfort and well being. We organize your treatment packages, visa assistance, airport pick up, hotel reservations and any sightseeing trips you may want to add after your recovery.

For an appointment: email us at internationalservices@trinityhospital.in

Health Packages

With the sky rocketing costs of diagnosis and hospitalization, it is wise to invest in Annual Health Package that saves you from expensive medical emergencies in the long run. This is exactly why we at Trinity Hospital and Medical Research Institute have introduced a choice of health plans for various age groups. The packages include waiver on regular charges and host of value added services.

Team That Cares

Dr. Mohinder Kaushal

Sr. Consultant, Arthroscopy, Sports Injuries
& Endoscopic Spine Surgery

Dr. I. Kaushal

Sr. Consultant, Joint Replacement & Orthopaedics Trauma

Dr. Manu Gupta

Sr. Consultant, Joint Replacement
& Orthopaedics Trauma

Dr. Kamla Kaushal

Sr. Consultant, Obstetrics
& Gynaecology

Dr. Anil Kumar

Sr. Consultant Pediatrics

Dr. Gagandeep Singh

Consultant, Anaesthesia

Dr. Shweta Ahuja

Sr. Consultant Pathology

Dr. D K Oberoi

Sr. Consultant, Medicine

Dr. Sanjiv Kumar

Sr. Consultant, General Surgery

Dr. Alok Ahuja

Sr. Consultant, Laproscopic & Oncosurgery

Dr. Tarun Bhuckal

Sr. Consultant, Physiotherapist

Ms. Anupreksha Rastogi

Dietician

SERVICES

- Orthopaedics
- Arthroscopy of Joints
- Sports Injuries
- Endoscopic Spine Surgery
- Joint Replacement
- Key Hole Surgery of Fractures
- Advanced Trauma
- Osteoporosis Clinic
- Pain Management
- Rheumatology
- Obstetrics & Gynaecology
- Endoscopic Gynae Surgery
- Paediatrics
- Medicine
- General / Laparoscopic Surgery
- Diet / Weight Management

FACILITIES

- Modular Operation Theatres with Laminar flow
- Housed with full HD cameras, HD monitors and Scopes
- Intensive Care Unit
- Birthing Suite
- Induction & Recovery Room
- Digital X-Ray & Fluoroscopy
- DEXA Scan
- Ultra Sound
- Pharmacy
- Lab Services
- Physiotherapy

PATIENT TESTIMONIALS

"I suffered from disc problem and never thought that life would be normal again as I had to drop my studies for a year. We were running pillar to post to many doctors for a year or so but there was no relief to me. At last a friend of my father advised us to consult Dr Mohinder Kaushal. I underwent Endoscopy spine surgery at Trinity Hospital and delighted to share that I am free from all pain and life is normal again. I thank Dr Mohinder Kaushal and his team from bottom of my heart."

Ms Sumeet, (S.V.S. Nagar Nawasher, Punjab)



"I was suffering from advanced osteoarthritis and was wheel chair bound due to stiffness and pain in the knee. I am really grateful to doctors at Trinity Hospital for giving me back my normal life. I am able to walk normally again."

Mrs Surinder Kaur, Derabassi, Punjab



"I was taking treatment from Dr Mohinder Kaushal for osteoarthritis of both my knees. One day I found that one knee and leg was hurting badly and I was not able to walk. Since I was undergoing treatment for my knee OA from Dr Kaushal. I insisted that I be taken to him for examination. After examination, X-Ray of my knee and leg was done and I was told that I had suffered a fracture of leg bone." "There was certainly a shock but also an immediate question of what is the best treatment plan." Dr Kaushal advised me that we need to put plate to fix the fracture and bone graft to encourage fracture union. As my other knee was hurting badly Dr Kaushal also advised that we replace other knee in same sitting. After weighing all options, I decided to get operated under Dr Kaushal and his team. After about a week, I was able to walk with support and was back on my feet and after 2 months. I have been so impressed with the care I've had, "I feel that personal touch in everything here in Trinity Hospital."

Mrs Saroj Maken, Ambala



"I was told by doctors that surgery was the only way to cure my severe cervical pain and paralysis. But I was denied surgery as I was high risk patient because of my age. I consulted Dr Mohinder Kaushal at Trinity Hospital and got endoscopy cervical spine surgery. I am happy to say that I am comfortable and life is better after recovery from paralysis'.

Mr. Gurnam Singh, (Mansa, Punjab)



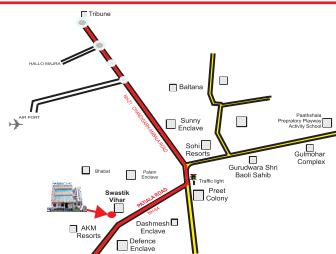
"Few months back, I suffered from severe stomach ache and went to Trinity Hospital for the same. I was kept under observation for some time. As my pain was becoming unbearable with passing time, I was taken for ultrasound was diagnosed with ectopic pregnancy. I was advised surgery for this. I am grateful to Dr. Kamla Kaushal for taking action in time and saving my life.

Mrs Upasana Aggarwal, (Zirakpur)





Way to Trinity Hospital & Medical Research Institute



Contact No. : +91-9888233923, 9888234923, 9814122970, 8288093620

Trinity Hospital & Medical Research Institute

- + SCO 352-355, Swastik Vihar, Patiala Road, Zirakpur
- +91 - 1762 286222, 287222 +91 - 1762 - 288288
- www.trinityhospital.in info@trinityhospital.in



www.facebook.com/trinityhospital



www.linkedin.com/in/trinityhospital

Trinity Hospital City OPD Centre

- + SCO 66, Sector 20-C, Tribune Road, Chandigarh
- +91 - 172 - 5017796, 5017797
- www.arthroscopyspinalendoscopyindia.com



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